



5145 Pontiac Trail • Ann Arbor, MI 48105 • USA  
Phone: 734-761-6268 Fax: 734-663-6861 Website: www.metapsychology.org  
Email: info@metapsychology.org

## ***TIR FACILITATOR CERTIFICATION APPLICATION***

Applicant: (PRINT clearly, as you wish your name to appear on your certificate)

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### *INITIALS*

- \_\_\_\_\_ **A)** I hereby apply for certification as a TIR Facilitator.
- \_\_\_\_\_ **B)** I attest that I successfully completed the TIR Workshop with (Trainer) \_\_\_\_\_  
on (date) \_\_\_\_\_
- \_\_\_\_\_ **C)** I attest that I have successfully completed an Internship with (Trainer) \_\_\_\_\_,  
as covered below.
- \_\_\_\_\_ **D)** I have delivered a minimum of 50 successful hours of viewing sessions, consisting of  
Exploration, Unblocking and TIR (Basic & Thematic using all flows) to a minimum of 6  
clients, under the supervision of an AMI Certified TIR Trainer.
- \_\_\_\_\_ **E)** I hereby submit a session log documenting the hours I have delivered under this  
supervision. The session log includes: length of each session, what item(s) were  
addressed and on what flows, and the end result of each technique applied in the session.
- \_\_\_\_\_ **F)** I have personally received a minimum of 10 hours of successful facilitation at this  
level.
- \_\_\_\_\_ **G)** I enclose, or am sending a link to video recording of a complete session  
**demonstrating the use of TIR on a trauma (showing both facilitator and viewer  
throughout the session)**, for review by the AMI Certification Committee. This includes  
following the full Session Outline protocol and the end point as well as the facilitator's  
asking if the viewer would like to say anything before the end of session, and facilitator's  
acknowledgment of the session ending. I understand that certification is contingent upon  
this **video recording** being accepted by the Certification Committee. If the recording  
enclosed with this application is not accepted, I will be informed as to what is  
unacceptable and extended the opportunity to submit another recording (please ensure  
that the sound quality of the recording is good, otherwise another recording will be  
requested). The maximum number of recordings that will be reviewed by the  
Certification \Committee is three. If all three recordings are unacceptable, I will be  
required to start a new application process, which includes paying another application  
fee.
- \_\_\_\_\_ **H)** I enclose a signed copy of the client release form for the above recording(s).
- \_\_\_\_\_ **I)** I enclose a signed copy of the AMI Ethical Code and the Agreement for Licensing for  
Use of Names, Logos, and copyrighted material.
- \_\_\_\_\_ **J)** I enclose my completed written exam for this level of certification.
- \_\_\_\_\_ **K)** I have a current TIRA membership, or I am including my membership application  
along with this certification application. I understand that I need to keep my membership  
current in order to maintain the validity of my certification.



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- \_\_\_\_\_ **L)** I understand that my certificate is valid for a period of three years and that at the end of three years I will need to apply for re-certification , documenting at least 21 hours of continuing education in the field.
- \_\_\_\_\_ **M)** I understand that if I allow my certification to lapse for a year or more that further training and supervision will be needed to the satisfaction of the AMI Certification Committee for me to be able to re-certify at this level, and that I may be required to submit a new recorded session before my application will be accepted.
- \_\_\_\_\_ **N)** I enclose the certification application fee.
- \_\_\_\_\_ **O)** I am willing to be publically announced as certified at this level in the AMI/TIRA Newsletter  
 \_\_\_\_ Yes \_\_\_\_ No
- \_\_\_\_\_ **P)** I am willing to be publically announced as certified at this level on the TIR Association Members' email discussion group list. \_\_\_\_ Yes \_\_\_\_ No

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Certification Application Fee: Category A Countries - \$165.00**  
**Category B Countries - \$125.00**

Method of Payment:

- \_\_\_\_\_ PayPal (Send to admin@tir.org)
- \_\_\_\_\_ Check in US dollars, drawn on US bank, payable to AMI
- \_\_\_\_\_ Credit Card: Card Number \_\_\_\_\_
- CCV Code (last 3 digits on back of card) \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Card Holder's Signature: \_\_\_\_\_

**\_\_\_\_\_ APPLICANT: PLEASE SEND YOUR COMPLETED APPLICATION & FEE(S) TO YOUR TRAINER.**

**\_\_\_\_\_ TRAINER: Please send completed certification application, session recording and fee(s) to AMI, 5145 Pontiac Trail, Ann Arbor MI 48105, USA, along with your letter of recommendation once you have accepted applicant's session recording and the completed Certification application. Or fax to 734-663-6861**



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## Consent for Release of Records

I, \_\_\_\_\_, Date of Birth: \_\_\_\_\_

hereby give permission to my facilitator,

Name: \_\_\_\_\_,

Address: \_\_\_\_\_

Email: \_\_\_\_\_

- to record my sessions for professional supervision and/or certification .
- to share recordings of my sessions only with qualified colleagues for professional supervision and/or certification .
- to share recordings of my sessions with student professionals in an educational setting for their instruction in Traumatic Incident Reduction (TIR) and related techniques.
- I understand that I am under no obligation to give this consent and that, if given, it may be rescinded at any time.

\_\_\_\_\_  
(name)

\_\_\_\_\_  
(date)

Facilitator or trainer, please notify AMI by fax or postal mail if the Consent for Release of Records is rescinded.  
Note to US citizens engaged in substance abuse services: the confidentiality of alcohol and drug abuse records is protected by federal confidentiality regulations (42CFR, part 2). Federal rules restrict any use of this information for the purpose of criminally investigating or prosecuting alcohol or drug abuse patients.



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## Applied Metapsychology International Ethical Code

### **Introduction**

As we are a truly international organization with practitioners and trainers in many lands, we recognize and acknowledge that laws and customs may vary from place to place. Nothing in this code exempts a practitioner or trainer from the necessity of following the laws of his or her country, state, province or locality. Practitioners and trainers (hereinafter called inclusively “practitioners”) of Applied Metapsychology (AM), including Traumatic Incident Reduction (TIR) and Life Stress Reduction (LSR), are also expected to follow the ethical precepts that they have already subscribed to as members of any professional organization to which they belong. The purpose of this code is not to take the place of local practices, but rather to put forth the points of ethical conduct that govern practitioners in general and those points particular to the practice of Applied Metapsychology.

Of first importance throughout this code is quality of care and service to the public, whether they are our clients or students.

### **Quality of Service**

1. Practitioners will always represent themselves honestly with regard to their levels of training and credentials.
2. Clients are entitled to good service, so practitioners will seek supervision and technical direction regularly and in any case where progress is slow or not evident.
3. Practitioners will maintain their own physical, emotional and mental health in order to remain fit for their work. Where their health may compromise their performance, they will refrain from practice until their fitness returns. Referrals for current clients should be arranged during such periods of recovery.
4. Practitioners will seek to increase their professional knowledge and practical skills.
5. Practitioners who function as trainers and/or technical directors will provide instruction within their areas of knowledge, competence and certification, and use the most current training materials available.

### **Respect, Dignity and Boundaries**

1. Practitioners will treat all persons, including students, clients and other professionals with respect and courtesy.
2. Practitioners will refrain from speaking or writing derogatorily about any client or student. This does not preclude providing constructive criticism or feedback to students about specific practices or behaviors, delivered respectfully in appropriate circumstances.
3. Practitioners and trainers will remain sensitive to cultural differences, and will not discriminate on the basis of an individual’s age, gender, nationality, race, gender identification, or sexual orientation.



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4. The financial basis of the service being provided will be agreed upon before the commencement of the training course or session, with the rules and policies (such as fees for cancellation or missed appointments) clearly understood.
5. Where a mental health professional already providing treatment or a concerned family member objects to the use of TIR or AM for someone, the client is expected to determine the best course of action. Practitioners of TIR and AM are facilitative listeners. They are not trained to make judgments on diagnosis, drug therapies, or psychological treatments. The concerns of a professional or relative are to be judged by each individual client, and not by the TIR/AM practitioner.

### **Informed Consent and Confidentiality**

1. Before starting a course of facilitation, practitioners will explain the basis of this person-centered approach to clients, educate them about the methods to be used, and describe the structure of the session, including end points.
2. All reasonable care will be taken to keep client records in a secure location to maintain privacy and confidentiality. All personal records and session notes will be retained in accordance with the data protection laws of the practitioner's country.
3. Clients will be advised of the limits of confidentiality, such as requirements that exist to report any instance of a client who is a danger to self or others, or anything pertaining to the safety or well being of a child.
4. Practitioners will obtain written permission in advance from a client before exchanging or sharing information with anyone about the client, including the fact that the client is receiving or has received services. Such a form needs to state that the client knows that he or she may withdraw permission for this communication at any time, in writing. An exception to this is co-facilitation that occurs as part of a training program where the students are aware of sessions being given and received, though session data from co-facilitation sessions is accorded the same confidentiality as all other sessions.
5. To protect confidentiality of client information transmitted by email, fax, and other technologies, identifying information should be removed whenever possible.
6. Practitioners who provide services via electronic media should inform clients of the limitations and risks associated with such services.
7. Audio- and video-recording of sessions may be endorsed for research or training purposes only; clients must give informed consent in writing and must be made aware of their rights to withdraw such permission, in writing, at any time. Trainers or researchers who use such materials will use them only for the purpose(s) specified.
8. In situations regarding legal action, practitioners only disclose case notes and /or client identity with the client's informed consent, or as ordered by a judge. Consultation with a practitioner experienced in handling legal issues is recommended.

### **Professional Conduct with Clients and Students**

1. Practitioners will not engage in sexual or romantic activities with clients or students, where such a relationship did not exist prior to the course of sessions or the training event.



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2. Practitioners do not in any way take personal advantage of the special relationship that exists between instructor and student or practitioner and client. Practitioners will not take unfair advantage of any professional relationship or exploit others to further their personal, religious, political, sexual, or business interests.

### **Multiple Relationships**

1. Since the Rules of Facilitation, Communication Exercises and protocol for creating session boundaries in the practice of Applied Metapsychology are very clear, and since, unlike traditional therapy, the dynamics of the relationship between client and practitioner are not part of the work itself, multiple relationships may be more feasible. Even so, practitioners who have a dual or multiple relationship with a client or student have the responsibility of safeguarding the wellbeing of that client or student, including strictly adhering to the Rules of Facilitation with regards to session contents. A practitioner who is unable to provide that level of safety will refer the client to another professional. Multiple relationships that would not reasonably be expected to cause risk or harm are not considered unethical.
2. A practitioner will maintain a level of safety for clients in these circumstances such that there are no consequences for anything the client says in a session, as modified by the limits of confidentiality as outlined above. If unable to provide that level of safety, the practitioner must refer the client to another.

### **Professional Relationships**

1. As stated above, practitioners will treat colleagues with respect at all times, including when offering constructive criticism and when working on resolution of problems.
2. Practitioners will refrain from derogatory comments about colleagues to others. Except for handling technical or ethical questions raised by clients or students, practitioners will refrain from involving clients or students in conflicts with other practitioners. Practitioners will strive to resolve any conflicts directly with each other, or through official AMI channels. Such communication should be clear and straightforward at all times, not embellished with emotionally laden language.
3. If a practitioner knows that a colleague is impaired (mentally, emotionally, physically, from substance abuse, etc.) and that the person has not taken adequate steps to address the impairment, the practitioner is obligated to attempt corrective action or to refer the matter to AMI, but not to discuss it otherwise.
4. Generally, practitioners are expected to resolve any difficulties between them by appropriate communication. If difficulties arise that cannot be resolved in this way, the practitioners in question can appeal to their trainer/supervisor, or to the chair of the relevant committee (such as Certification, or Ethics) for help in resolving the matter.
5. In line with providing the best possible service to clients and students, when a practitioner receives a request for services from someone who s/he knows is located geographically closer to another qualified practitioner, the one who received the request should inform the prospective student or client that there is another practitioner who is nearer geographically. If the first practitioner to be contacted remains the potential client's first choice as a facilitator, technical director, or trainer, and if the first



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practitioner is willing to deliver the services requested, s/he should proceed to deliver service.

### **Repute of the Subject**

1. Practitioners will refrain from making any false, deceptive or fraudulent claims or any public statements about the subject of Applied Metapsychology (including TIR and LSR), or that would bring Applied Metapsychology into disrepute.
2. Practitioners who create or engage others to create or place public statements that promote their professional practice or activities retain professional responsibility for such statements. Promotional materials are subject to review by AMI.
3. Practitioners will take care to use the Communication Exercises and follow the Rules of Facilitation when using AM techniques, and to follow the Rules of Consultation when using AM coaching/consultation methods and programs.
4. Practitioners will take care to distinguish for both clients and students what methods and techniques belong within the subject of AM, and those that do not.
5. Practitioners will take care to do nothing to bring the subject of Applied Metapsychology into disrepute.

I, the undersigned, agree that as a Certified TIR Facilitator I will adhere to the Applied Metapsychology International and the TIR Association Ethical Code.

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Print Name

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Signature

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Date



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## Use of Logos

AMI encourages certified facilitators and trainers to use their association with AMI and the TIR Association, in alignment with the Agreement for Licensing of Use of Names. (see below). AMI/TIRA graphics and logos are intended for this purpose. Examples are: the AMI/TIRA logo that is used on the Newsletter masthead, the AMI logo, and the Metapsychology "Ψ" with infinity-sign logo.

## Names and Logos List

Applied Metapsychology

AMP

Applied Metapsychology International

AMI

Traumatic Incident Reduction

TIR

Life Stress Reduction

LSR

The AMI logo

The AMI/TIRA logo

The TIR Association TIRA

The TIRA logo

The psi + ∞ symbol

Any other names and symbols that may be adopted by AMI

To use any of the above names or logos representing TIR and Applied Metapsychology, certified facilitators and trainers need to:

1. Have signed the Agreement for Licensing of Use of Names upon first becoming certified and every three years upon re-certification.
2. Have a current membership in the TIR Association and have current certification from AMI.





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## Agreement for Licensing for Use of Names, Logos & Copyrighted Material

The undersigned (hereinafter called the certified facilitator or trainer), acknowledging and having an interest in preservation and protection of the names and materials of Applied Metapsychology International (hereinafter called AMI), agrees to the following provisions. This signed document and the maintenance of the facilitator or trainer's current and up-to-date TIRA membership and certification as a facilitator or trainer in good standing with AMI, give the certified facilitator or trainer the license to use the names of Traumatic Incident Reduction, TIR, Life Stress Reduction, LSR, Applied Metapsychology, AMP, and, for trainers, the copyrighted current training materials, including names of specific programs and techniques.

I, (Facilitator's name) \_\_\_\_\_  
acknowledge and agree that:

- The names, logos, and symbols covered above, and the copyrighted training materials of TIR, LSR, and AMP are the intellectual property of AMI, a U.S. nonprofit corporation.
- My permission as a Certified Facilitator (and Trainer, if applicable) to use the names, logos, symbols and copyrighted materials is contingent upon my keeping my membership in the TIR Association and my certification current and maintaining my good standing with AMI.
- My use of these names, logos, symbols and materials does not affect AMI's ownership of them.
- My use of these names, logos, symbols, and materials is under the agency of, and with the permission of AMI.

I further acknowledge that AMI has the right to protect its intellectual property and that should I violate the terms of this agreement:

1. AMI is entitled to recover any relevant legal fees from me in pursuit of this right.
2. I agree to indemnify AMI for any damages from the misuse of these marks or materials.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



*Written Exam for TIRF Certification*

1. Explain the differences between Thematic and Basic TIR and under what circumstances you would use them. Including flows and going to an earlier incident.

2. Explain the uses of Unblocking and circumstances in which you would choose Unblocking rather than TIR to address an issue.

3. Explain why the tense changes in TIR from “Where were you at the time?” to “How long does it last?”
  
4. If you have a client in the middle of TIR who is not able to go through to an end point, give examples of how you might handle this situation. What tools could you use, and how would you use them?
  
5. Describe an end point and three examples of actual specific end points you have seen with your clients, including what was being addressed and how it resolved. (To protect client confidentiality do not include client names.)

6. Explain what about the subject of TIR and Applied Metapsychology is different from other helping methods that you have studied, experienced or heard about.

7. Give 3 examples of how your training in Communication Exercises (CEs) has paid off in actual sessions with specific clients. (To protect client confidentiality do not include client names.)