

Session Log Example for TIR Certification

FACILITATOR: _____

DATE	CLIENT CODE	ACTUAL SESSION TIME	TECHNIQUE(S) USED ITEMS & FLOWS ADDRESSED	RESULTS
MAY 18, 2016	GB	1:30	BTIR - Car accident	EP, Tired, but relieved
MAY 20	JS	2:45	UNBLOCKING - Relationship with Julie Th TIR - A strange quivery feeling	EP - experienced a major shift EP
MAY 20	EF	:45	DISTURBANCE - Upset	EP, more cheerful
May 23	GB	1:35	BTIR Flows on car accident: Flow 3 Reflexive Flow	EP, realization EP, Laughing
JUNE 6	EF	1:25	Basic TIR - Jill left	EP, insight about relationships
June 8	JS	2:20	Flows on strange quivery feeling - no interest Th TIR on sharp pain in the foot Flow 2 on same	Flat point, "Feel better" EP, Surprised, laughing
JUNE 8	SB	1:15	Unblocking - money BTIR - Knee operation	Flat point, satisfied EP, VPIs
JUNE 14	BR	2:20	Unblocking on Relationship with brother	Flat point, tired
JUNE 16	BR	1:50	Resumed unblocking with Brother Basic TIR - tooth extraction	EP Happy EP Relieved
June 17	EF	2:30	Checked flows on "Jill left" F2 & 3 F4 - no interest	Each to good end points
June 17	EF	2:45	Unblocking - Intimacy	EP, major insight on own past behaviors

BTIR = Basic TIR / ThTIR = Thematic TIR / EP = end point / FP = flat point / PI's = positive indicators / VPI's = very positive
 F1 = Flow 1, inflow / F2 = Flow 2, outflow / F3 = Flow 3, crossflow / F4 = Flow 4, reflexive flow