



5145 Pontiac Trail • Ann Arbor, MI 48105 • USA  
 Phone: 734-761-6268 Fax: 734-663-6861 Website: www.AppliedMetapsychology.org  
 Email: info@AppliedMetapsychology.org

## ***LIFE STRESS REDUCTION TRAINER CERTIFICATION APPLICATION***

Applicant : (PRINT clearly, as you wish your name to appear on your certificate)

### ***INITIALS***

- \_\_\_\_\_ **A)** I hereby apply for Certification as a Life Stress Reduction Trainer, qualified to teach the *TIR – Expanded Applications Workshop* and the *Life Stress Reduction – Case Planning Workshop*.
- \_\_\_\_\_ **B)** I am a Certified TIRT and a Certified LSRF.
- \_\_\_\_\_ **C)** I attest that I have successfully completed an LSR Instructor Program and apprenticeship under AMI Certified Senior LSR Trainer (or higher level Trainer of trainers): \_\_\_\_\_, consisting of having co-lead or lead with supervision the *TIR – Expanded Applications* and the *Life Stress Reduction – Case Planning* workshops to my trainer's satisfaction.
- \_\_\_\_\_ **D)** I attest that I am sufficiently conversant with the materials and skills needed to deliver these workshop successfully and to provide technical direction at this level.
- \_\_\_\_\_ **E)** I attest that I have completed my own Life Stress Reduction program at this time.
- \_\_\_\_\_ **F)** I have a current TIRA membership, or I am renewing my membership along with this certification application. I understand that I need to keep my membership current in order to maintain the validity of my certification.
- \_\_\_\_\_ **G)** I understand that my certificate is valid for a period of three years and that at the end of three years I will need to apply for re-certification, documenting at least 21 hours of continuing education in the field. I understand that I will only need to renew my highest level of certification.
- \_\_\_\_\_ **H)** I understand that if I allow my certification to lapse for a year or more, that further training and supervision will be needed to the satisfaction of the AMI Certification Committee for me to be able to re-certify at this level, and that I may be required to co-lead, or lead under supervision, at least one workshop before my application for re-certification will be accepted. I further understand that to re-certify as a trainer I must have delivered at least one successful workshop within the last three years.
- \_\_\_\_\_ **I)** I enclose the LSRT Written exam.
- \_\_\_\_\_ **J)** I enclose the certification application fee.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Certification Application Fee: Category A Countries - \$150.00 Category B Countries - \$125.00**

Method of Payment:  Visa  MasterCard  Discover  Check in US dollars, drawn on US bank, payable to AMI, or  
 \_\_\_\_\_ PayPal (Send to: finance@tir.org)

Card Number: \_\_\_\_\_ CCV Code (last 3 digits on back of card) \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Card Holder's Signature: \_\_\_\_\_

\_\_\_\_\_ **APPLICANT—PLEASE SEND YOUR COMPLETED APPLICATION & FEE(S) TO YOUR TRAINER.**

\_\_\_\_\_ **TRAINER—Please send completed certification Application and fee(s) to AMI, 5145 Pontiac Trail, Ann Arbor MI 48105, USA, along with your letter of recommendation once the applicant has completed both study and apprenticeship to your satisfaction.**



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## Written Exam for LSR Trainer Certification

Instructions: Answer all questions as fully as you can. This is an “open book” exam.

1. What is the required timeframe for trainers to submit workshop paperwork, including payment, to AMI?
2. Describe some new learning you have acquired as an LSR trainer in leading or co-leading the two second level workshops.
3. How do you teach different kinds of end points?
4. How do you organize the co-facilitation in a workshop including when you have even and odd numbers of students?



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5. Describe the important components of your supervision of facilitators working towards LSRF certification?
  
  
  
  
  
  
  
  
  
  
6. How do you explain the difference between Method and Technique?
  
  
  
  
  
  
  
  
  
  
7. How do you explain when and how to use Recall lists?
  
  
  
  
  
  
  
  
  
  
8. Describe how you teach Case Planning Using the Chart Method.
  
  
  
  
  
  
  
  
  
  
9. Send two case plans you have devised for real clients (no names of course), that utilize techniques from all three TIR & LSR Workshops.



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## AMI Trainer Agreement

1. I agree to use AMI-approved training manuals, providing one for each student. I will print the manuals from a master which I will be given access to in the AMI Trainer Kit on-line under a secure user name and password.
2. I will not give out my user name and/or password to anyone without prior written permission from AMI.
3. I will pay AMI a licensing fee for every student that I train in accordance with Policy 2-9.
4. I agree that in addition to those materials provided by AMI, any new promotional material that I create or hire another to create in my name to promote any/all AMI approved trainings will be created and/or used under the guidance of Policy 2-4 (this includes all sorts of printed material - flyers, brochures, etc. - email broadcasts, and any websites, other than the AMI and TIRA sites or the other sites listed in Policy 2-4, where my workshops have been mentioned).
5. I agree to provide copies of most frequently used promotional pieces and/or additional handouts to workshop training materials that I use, to AMI upon request. I understand that this request will be made as a quality control check and that my materials will not be copied, shared, or given out to anyone without my prior permission.
6. I agree to provide AMI with a typed list of the names and full contact information for every student I train in AMI materials, techniques, methods and programs. I will submit this list, along with an AMI quiz and evaluation form for each student, the Workshop Reporting Checklist (which I will be given in Section 1 of the Trainer Kit) and full payment of the licensing fee within 20 days of the last day of each workshop.
7. I agree to abide by all other AMI policies, not mentioned in this agreement, in regards to all AMI trainings, programs, copyrighted materials, and their delivery.
8. I understand that as a Trainer I represent AMI in all my interactions with students and the public. My actions and behavior as such will hold the subject and the organization in repute.
9. I agree to treat my fellow Trainers with respect. This includes, but is not limited to, strict adherence to *Policy 1-4 Professional Conduct and Internal Conflict*.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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# Agreement for Licensing for Use of Names, Logos & Copyrighted Material

## Use of Logos

AMI encourages certified facilitators and trainers to use their association with AMI and the TIR Association, in alignment with the Agreement for Licensing of Use of Names. (see below). AMI/TIRA graphics and logos are intended for this purpose. Examples are: the AMI/TIRA logo that is used on the Newsletter masthead, the AMI logo, and the Metapsychology "Ψ" with infinity-sign logo.

## Names and Logos List

Applied Metapsychology

AMP

Applied Metapsychology International

AMI

Traumatic Incident Reduction

TIR

Life Stress Reduction

LSR

The AMI logo

The AMI/TIRA logo

The TIR Association TIRA

The TIRA logo

The psi + ∞ symbol

Any other names and symbols that may be adopted by AMI

To use any of the above names or logos representing TIR and Applied Metapsychology, certified facilitators and trainers need to:

1. Have signed the Agreement for Licensing of Use of Names upon first becoming certified and every three years upon re-certification.
2. Have a current membership in the TIR Association and have current certification from AMI.



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## Agreement for Licensing of Use of Names, Logos & Copyrighted Material

The undersigned (hereinafter called the certified facilitator or trainer), acknowledging and having an interest in preservation and protection of the names and materials of Applied Metapsychology International (hereinafter called AMI), agrees to the following provisions. This signed document and the maintenance of the facilitator or trainer's current and up-to-date TIRA membership and certification as a facilitator or trainer in good standing with AMI, give the certified facilitator or trainer the license to use the names of Traumatic Incident Reduction, TIR, Life Stress Reduction, LSR, Applied Metapsychology, AMP, and, for trainers, the copyrighted current training materials, including names of specific programs and techniques.

I, (Trainer's name) \_\_\_\_\_  
acknowledge and agree that:

- The names, logos, and symbols covered above, and the copyrighted training materials of TIR, LSR, and AMP are the intellectual property of AMI, a U.S. nonprofit corporation.
- My permission as a Certified Facilitator (and Trainer, if applicable) to use the names, logos, symbols and copyrighted materials is contingent upon my keeping my membership in the TIR Association and my certification current and maintaining my good standing with AMI.
- My use of these names, logos, symbols and materials does not affect AMI's ownership of them.
- My use of these names, logos, symbols, and materials is under the agency of, and with the permission of AMI.

I further acknowledge that AMI has the right to protect its intellectual property and that should I violate the terms of this agreement:

1. AMI is entitled to recover any relevant legal fees from me in pursuit of this right.
2. I agree to indemnify AMI for any damages from the misuse of these marks or materials.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_