



5145 Pontiac Trail • Ann Arbor, MI 48105 • USA
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LIFE STRESS REDUCTION TRAINER CERTIFICATION APPLICATION

Applicant : (PRINT clearly, as you wish your name to appear on your certificate)

INITIALS

- _____ **A)** I hereby apply for Certification as a Life Stress Reduction Trainer, qualified to teach the *TIR – Expanded Applications Workshop* and the *Life Stress Reduction – Case Planning Workshop*.
- _____ **B)** I am a Certified TIRT and a Certified LSRF.
- _____ **C)** I attest that I have successfully completed an LSR Instructor Program and apprenticeship under AMI Certified Senior LSR Trainer (or higher level Trainer of trainers): _____, consisting of having co-lead or lead with supervision the *TIR – Expanded Applications* and the *Life Stress Reduction – Case Planning* workshops to my trainer's satisfaction.
- _____ **D)** I attest that I am sufficiently conversant with the materials and skills needed to deliver these workshop successfully and to provide technical direction at this level.
- _____ **E)** I attest that I have completed my own Life Stress Reduction program at this time.
- _____ **F)** I have a current TIRA membership, or I am renewing my membership along with this certification application. I understand that I need to keep my membership current in order to maintain the validity of my certification.
- _____ **G)** I understand that my certificate is valid for a period of three years and that at the end of three years I will need to apply for re-certification, documenting at least 21 hours of continuing education in the field. I understand that I will only need to renew my highest level of certification.
- _____ **H)** I understand that if I allow my certification to lapse for a year or more, that further training and supervision will be needed to the satisfaction of the AMI Certification Committee for me to be able to re-certify at this level, and that I may be required to co-lead, or lead under supervision, at least one workshop before my application for re-certification will be accepted.
- _____ **I)** I enclose the certification application fee.

Signature: _____ Date: _____

Certification Application Fee: Category A Countries - \$150.00 Category B Countries - \$125.00

Method of Payment: Visa MasterCard Discover Check in US dollars, drawn on US bank, payable to AMI, or
 _____ PayPal (Send to: finance@tir.org)

Card Number: _____ CCV Code (last 3 digits on back of card) _____

Expiration Date: _____ Card Holder's Signature: _____

_____ **APPLICANT—PLEASE SEND YOUR COMPLETED APPLICATION & FEE(S) TO YOUR TRAINER.**

_____ **TRAINER—Please send completed certification Application and fee(s) to AMI, 5145 Pontiac Trail, Ann Arbor MI 48105, USA, along with your letter of recommendation once the applicant has completed both study and apprenticeship to your satisfaction.**