



5145 Pontiac Trail • Ann Arbor, MI 48105 • USA  
Phone: 734-761-6268 Fax: 734-663-6861 Website: www.metapsychology.org  
Email: info@tir.org

## ***LSR FACILITATOR CERTIFICATION APPLICATION***

Applicant : (PRINT clearly, as you wish your name to appear on your certificate)

\_\_\_\_\_

### ***INITIALS***

- \_\_\_\_\_ **A)** I hereby apply for certification as a Life Stress Reduction Facilitator.
- \_\_\_\_\_ **B)** I attest that I have successfully completed the *TIR – Expanded Applications Workshop* on \_\_\_\_\_ (date) and the *Life Stress Reduction – Case Planning Workshop* on \_\_\_\_\_ (date) with trainer(s) \_\_\_\_\_ .
- \_\_\_\_\_ **C)** I attest that I have successfully completed an internship covering the materials of these workshops with Trainer(s) \_\_\_\_\_ as covered below.
- \_\_\_\_\_ **D)** I have delivered a minimum of 50 successful hours of viewing sessions, on a good sampling of the techniques covered in these workshops to a minimum of 6 clients, under the supervision of an AMI Certified LSR Trainer
- \_\_\_\_\_ **E)** I hereby submit a session log documenting the hours I have delivered under this supervision. The session log includes what item(s) were addressed and on what flows, length of each session, and the end result of each technique applied in the session.
- \_\_\_\_\_ **F)** I have written LSR case plans for the successful resolution of these client's issues, completing at least one person to their satisfaction on Life Stress Reduction.
- \_\_\_\_\_ **G)** I enclose, or am sending a link to video recording(s) of complete sessions, showing both viewer and facilitator for review by the AMI Certification Committee. This includes following the full Session Outline protocol and techniques for this training level, including recordings of each method (Exploration, unlayering, checklist and assessment list). An example of Wrong Indication Handling is required. I understand that certification is contingent on the video recording being accepted by the Certification Committee. If the recording enclosed with this application is not accepted, I will be informed by my trainer/supervisor as to what is unacceptable and I will be extended the opportunity to submit another recording. If the committee members reviewing my recording are unable to hear all parts of the session another recording(s) will be requested. The maximum number of video submissions that will be reviewed by the Certification Committee is three for each method. If all three recordings are unacceptable, I will be required to start a new application process, which includes paying another application fee.
- \_\_\_\_\_ **H)** I enclose a signed copy of the client release form for the above video recording(s).
- \_\_\_\_\_ **I)** I have personally received a minimum of 10 hours of successful Life Stress Reduction facilitation.



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- \_\_\_\_\_ **J)** I enclose my completed written exam for this level of certification.
- \_\_\_\_\_ **K)** I have a current TIRA membership, or I am renewing my membership application along with this certification application. I understand that I need to keep my membership current in order to maintain the validity of my certification.
- \_\_\_\_\_ **L)** I understand that my certificate is valid for a period of three years and that at the end of three years I will need to apply for recertification, documenting at least 21 hours of continuing education in the field. I understand that I will only need to renew my highest level of certification.
- \_\_\_\_\_ **M)** I understand that if I allow my certification to lapse for a year or more that further training and supervision will be needed to the satisfaction of the AMI Certification Committee for me to be able to re-certify at this level, and that I may be required to submit a new recorded session before my application will be accepted. I understand I may have to pay for the further training and supervision.
- \_\_\_\_\_ **N)** I enclose the certification application fee.
- \_\_\_\_\_ **O)** I am willing to be publically announced as certified at this level in the AMI/TIRA Newsletter  
 \_\_\_ Yes \_\_\_ No
- \_\_\_\_\_ **P)** I am willing to be publically announced as certified at this level on the TIR Association Members' email discussion group list. \_\_\_ Yes \_\_\_ No

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Certification Application Fee: Category A Countries - \$165.00**  
**Category B Countries - \$125.00**

Method of Payment:

- \_\_\_\_\_ Check in US dollars, drawn on US bank, payable to AMI
- \_\_\_\_\_ PayPal (Send to admin@tir.org)
- \_\_\_\_\_ Credit Card - Card Number: \_\_\_\_\_
- CVV Code (last 3 digits on back of card): \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Card Holder's Signature: \_\_\_\_\_

**\_\_\_\_\_ APPLICANT: PLEASE SEND YOUR COMPLETED APPLICATION & FEE(S) TO YOUR TRAINER.**

**\_\_\_\_\_ TRAINER: Please send completed certification application, session recording, and fee(s) to AMI, 5145 Pontiac Trail, Ann Arbor MI 48105, USA, along with your letter of recommendation once you have accepted applicant's session recording, and the completed Certification application.**



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## Consent for Release of Records

I, \_\_\_\_\_, Date of Birth: \_\_\_\_\_

hereby give permission to my facilitator,

Name: \_\_\_\_\_,

Address: \_\_\_\_\_

Email: \_\_\_\_\_

- to record my sessions for professional supervision and/or certification .
- to share recordings of my sessions only with qualified colleagues for professional supervision and/or certification .
- to share recordings of my sessions with student professionals in an educational setting for their instruction in Traumatic Incident Reduction (TIR) and related techniques.
- I understand that I am under no obligation to give this consent and that, if given, it may be rescinded at any time.

\_\_\_\_\_  
(name)

\_\_\_\_\_  
(date)

Facilitator or trainer, please notify AMI by fax or postal mail if the Consent for Release of Records is rescinded. Note to US citizens engaged in substance abuse services: the confidentiality of alcohol and drug abuse records is protected by federal confidentiality regulations (42CFR, part 2). Federal rules restrict any use of this information for the purpose of criminally investigating or prosecuting alcohol or drug abuse patients.



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## Use of Logos

AMI encourages certified facilitators and trainers to use their association with AMI and the TIR Association, in alignment with the Agreement for Licensing of Use of Names. (see below). AMI/TIRA graphics and logos are intended for this purpose. Examples are: the AMI/TIRA logo that is used on the Newsletter masthead, the AMI logo, and the Metapsychology "Ψ" with infinity-sign logo.

## Names and Logos List

Applied Metapsychology

AMP

Applied Metapsychology International

AMI

Traumatic Incident Reduction

TIR

Life Stress Reduction

LSR

The AMI logo

The AMI/TIRA logo

The TIR Association TIRA

The TIRA logo

The psi + ∞ symbol

Any other names and symbols that may be adopted by AMI

To use any of the above names or logos representing TIR and Applied Metapsychology, certified facilitators and trainers need to:

1. Have signed the Agreement for Licensing of Use of Names upon first becoming certified and every three years upon re-certification.
2. Have a current membership in the TIR Association and have current certification from AMI.



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## Agreement for Licensing for Use of Names, Logos & Copyrighted Material

The undersigned (hereinafter called the certified facilitator or trainer), acknowledging and having an interest in preservation and protection of the names and materials of Applied Metapsychology International (hereinafter called AMI), agrees to the following provisions. This signed document and the maintenance of the facilitator or trainer's current and up-to-date TIRA membership and certification as a facilitator or trainer in good standing with AMI, give the certified facilitator or trainer the license to use the names of Traumatic Incident Reduction, TIR, Life Stress Reduction, LSR, Applied Metapsychology, AMP, and, for trainers, the copyrighted current training materials, including names of specific programs and techniques.

I, (Facilitator's name) \_\_\_\_\_ acknowledge and agree that:

- The names, logos, and symbols covered above, and the copyrighted training materials of TIR, LSR, and AMP are the intellectual property of AMI, a U.S. nonprofit corporation.
- My permission as a Certified Facilitator (and Trainer, if applicable) to use the names, logos, symbols and copyrighted materials is contingent upon my keeping my membership in the TIR Association and my certification current and maintaining my good standing with AMI.
- My use of these names, logos, symbols and materials does not affect AMI's ownership of them.
- My use of these names, logos, symbols, and materials is under the agency of, and with the permission of AMI.

I further acknowledge that AMI has the right to protect its intellectual property and that should I violate the terms of this agreement:

1. AMI is entitled to recover any relevant legal fees from me in pursuit of this right.
2. I agree to indemnify AMI for any damages from the misuse of these marks or materials.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



4. What strategy would you use to address a complicated bereavement (complicated bereavement is the state of being overwhelmed by grief and loss)?

5. Why do we have a great array of short unlayering techniques? What is their function?

6. Explain how you would address the situation of a viewer having a long term, very difficult relationship with their parents.

7. Give 3 examples of how your training in Communication Exercises (CEs) has paid off in actual sessions with specific clients (to protect client confidentiality do not include client names) at this level.

8. Attach a case plan for the following client (*Please note, this is a composite case and does not consist of the issues of any one real viewer.*) "D" = the viewer's distress rating for this issue; "I" = the viewer's interest rating. It is fine to use any style of case planning, as long as it is clear and easy to understand the plan.

Basic information: Female, 25 years old, currently single, divorced, no children

Recent car accident D = 8B I = 6

resulting in: Fear of driving (she still drives, but is very anxious) D = 9A I = 8A

Serious damage to her foot. It had several bones broken and she now walks with a limp

D = 10 C I = 5

Has had one operation so far attempting to correct this D = 8C I = 7

May have future operations but is very afraid of experiencing this D = 10A I = 9B

Difficult relationship with father, who is controlling and critical. D = 10 B I = 8A

"I'll never be able to please him, yet I keep trying" D = 9B I = 9A

Feels she is "going nowhere" in her career. Had idealistic ideas of what she would be able to accomplish as a social worker, but is now feeling disillusioned. D = 7 I = 8C

"I feel like a failure in life - have felt that way for a long time" D = 8 A I = 3

"A lack of love in my life" D = 6 I = 4

The divorce D = 5 I = 2

Love to cook - "A bright spot in my life" D = 0 I = 9 C