



5145 Pontiac Trail • Ann Arbor, MI 48105 • USA
 Phone: 734-761-6268 Fax: 734-663-6861 Website: www.metapsychology.org
 Email: info@metapsychology.org

AEF CERTIFICATION APPLICATION

Applicant : (PRINT clearly, as you wish your name to appear on your certificate)

INITIALS

- _____ **A)** I hereby apply for certification as an Ability Enhancement Facilitator.
- _____ **B)** I am a Certified LSR Facilitator.
- _____ **C)** I attest that I have successfully completed the *Ability Enhancement Facilitator 1-8 Workshops* with (Trainer(s)) _____.
- _____ **D)** I attest that I have successfully completed an Internship covering the materials of these workshops with Trainer(s) _____ as covered below.
- _____ **E)** I have delivered a minimum of 50 successful hours of viewing sessions, on the techniques covered in these workshops, under the supervision of an AMI Certified AET and _____
- _____ **F)** I have completed a viewer on each section of the Ability Enhancement viewing curriculum (this can be one viewer on all eight or as many as eight different clients who have completed one or more sections, including all eight).
- _____ **G)** I hereby submit a session log documenting the hours I have delivered under this supervision. The session log includes what was addressed in each session, length of each session, and the end result of each session.
- _____ **H)** I enclose, or have sent the link to, standard video recordings of a complete session (this includes pre-session checks for food, rest, etc., “Start of session” and end point as well as the facilitator’s asking if the viewer has anything to say before the end of the session, and acknowledgment of the session ending), on a good selection of techniques for this training level, for review by the AMI Certification Committee. I understand that certification is contingent on this video recording being accepted by the Certification Committee. If the recording enclosed with this application is not accepted, I will be informed as to what is unacceptable and extended the opportunity to submit another recording. If the committee members reviewing my recording are unable to hear all parts of the session another recording will be requested. The maximum number of recordings that will be reviewed by the Certification Committee is three. If all three recordings are unacceptable, I will be required to start a new application process, which includes paying another application fee.
- _____ **I)** I enclose a signed copy of the client release from for the above recording(s).
- _____ **J)** I have personally completed all of the Ability Enhancement viewing curriculum through the Rightness Section.
- _____ **K)** I enclose my completed written exam for this level of certification.
- _____ **L)** I have a current TIRA membership, or I am including my membership application along with this certification application. I understand that I need to keep my membership current in order to maintain the validity of my certification.
- _____ **M)** I understand that my certificate is valid for a period of three years and that at the end of three years I will need to apply for re-certification/, documenting at least 21 hours of continuing education in the field. I understand that I will only need to renew my highest level of certification.
- _____ **N)** I understand that if I allow my certification to lapse for a year or more that further training and supervision will be needed to the satisfaction of the AMI Certification Committee for me to be able to re-certify at this level, and that I may be required to submit a new recorded session before my application will be accepted.
- _____ **O)** I enclose the certification application fee.

Signature: _____ Date: _____

Certification Application Fee: Category A Countries - \$150.00 Category B Countries - \$125.00

Method of Payment Visa MasterCard Discover Check in US dollars, drawn on US bank, payable to AMI.

Card Number: _____ CCV Code (last 3 digits on back of card) _____

Expiration Date: _____ Card Holder’s Signature: _____

Or PayPal (Send to: finance@tir.org)

_____ **APPLICANT—PLEASE SEND YOUR COMPLETED APPLICATION & FEE(S) TO YOUR TRAINER.**

_____ **TRAINER—Please send completed certification application and fee(s) to AMI, along with your letter of recommendation**



5145 Pontiac Trail • Ann Arbor, MI 48105 • USA
Phone: 734-761-6268 Fax: 734-663-6861 Website: www.metapsychology.org
Email: info@metapsychology.org

for certification, when you have accepted Facilitator's session recording, and the completed certification application.

Consent for Release of Records

I, _____,

Date of Birth: _____,

hereby give permission to my facilitator,

Name: _____,

Address: _____

Email: _____

- to record my sessions for professional supervision and/or certification,
- to share recordings only with qualified professional colleagues for their education in Traumatic Incident Reduction (TIR) and related techniques.
- I understand that I am under no obligation to give this consent and that, if given, it may be rescinded at any time.

Client Signature

Date

Facilitator or trainer, please notify AMI by fax or postal mail if the Consent for Release of Records is rescinded. Note to US citizens engaged in substance abuse services: the confidentiality of alcohol and drug abuse records is protected by federal confidentiality regulations (42CFR, part 2). Federal rules restrict any use of this information for the purpose of criminally investigating or prosecuting alcohol or drug abuse patients.



5145 Pontiac Trail • Ann Arbor, MI 48105 • USA
Phone: 734-761-6268 Fax: 734-663-6861 Website: www.metapsychology.org
Email: info@metapsychology.org

Written Exam for AEF Certification

1. Explain the difference between *unburdening* and *discovery* and when you would employ each.

2. What is the purpose of the Ability Enhancement viewing Curriculum and why is it called a curriculum?

3. Why are the subjects addressed in the Curriculum arranged in the order that they are?

4. Explain the difference between a *method*, giving several examples, and a *technique*.

5. Explain what is *self-directed viewing*. What do you need to watch out for in regard to this?

6. Describe viewer *engagement*. How do you bring this about and maintain it? What happens if it breaks down and it not repaired?

7. Explain the purpose of objective techniques. To what uses are these techniques put?

8. Explain the switch of focus from general forms of items in the first four sections of the Curriculum to specific items in the last four sections.

9. Explain the purpose of the General TIR section.

10. Explain how Selection works and why it is a powerful technique.

11. Explain the concept of *fixed ideas* and why we address them in the final section of the Curriculum.

12. Explain the purpose of the programs taught in the Ability Enhancement Facilitator Workshop Series that are not part of the viewing Curriculum and explain when you decide to use the Curriculum and when to use one of these other programs.

13. Explain what makes a case difficult or resistive, and what can be done to remedy this situation.